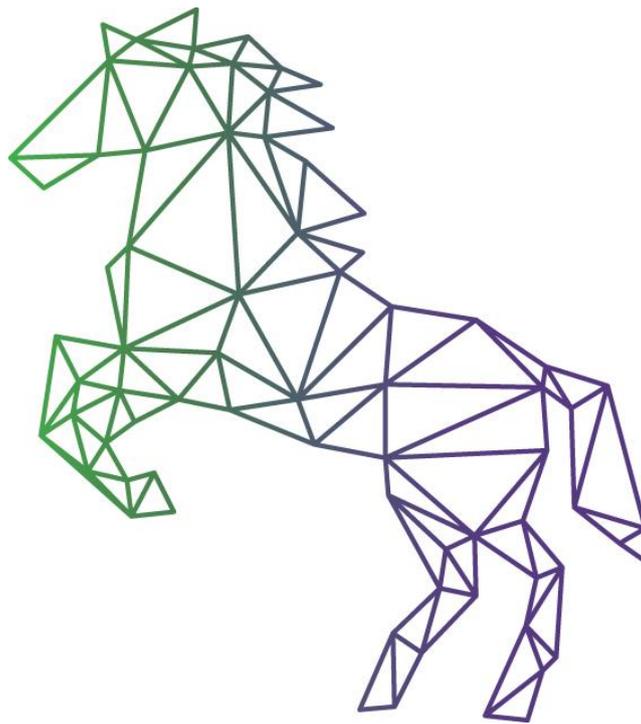


'Getting Ready for Year 11' Evening 2022



“What happens at home in the next year can have more impact on GCSE grades than what happens at school”.

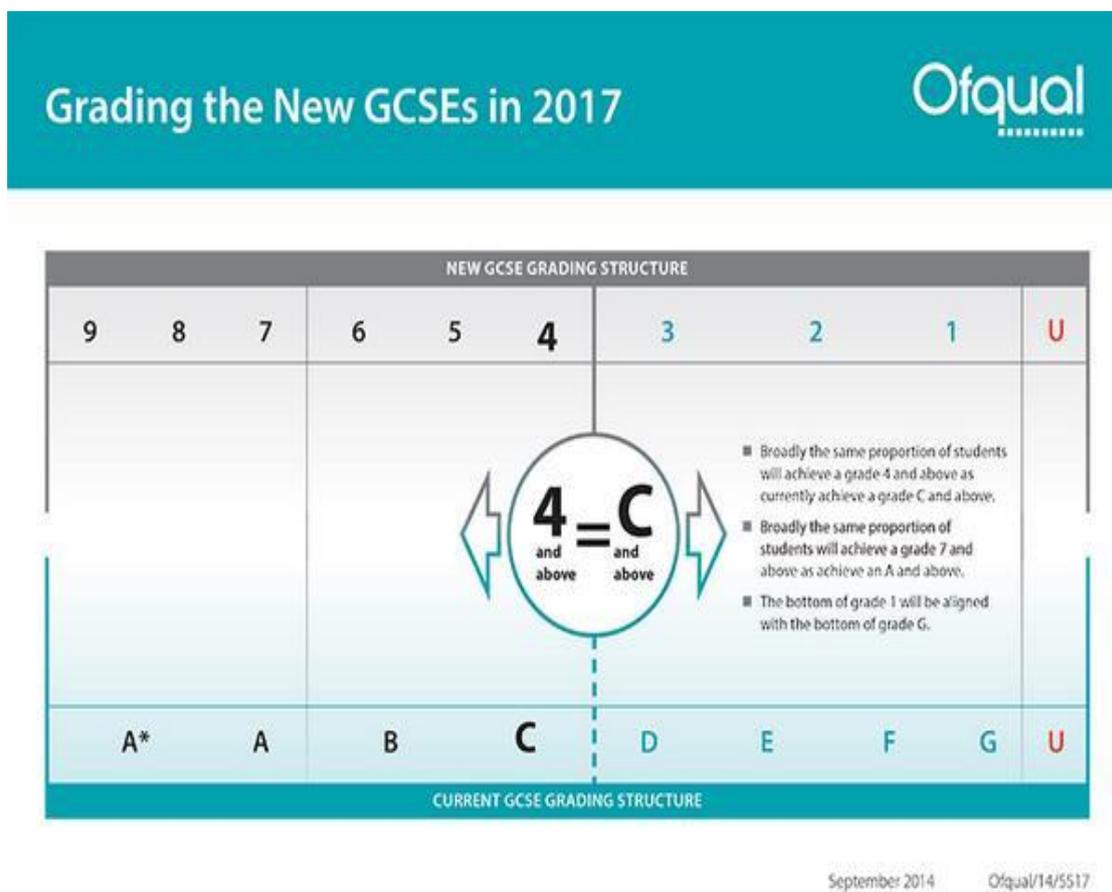
Key Dates 2022/23:

Year 11 mock exams week 1	31st October
'Next Steps' Week	7th November
Sixth Form Open Evening	10th November
Mock GCSE results day	18th November
Parents' evening	24th November
Year 11 mock exams week 2	20th February
Year 11 Reports	31st March
Normal timetable ends and summer revision timetable begins	8th May
External GCSE exams start	8th May
Year 11 Leavers' Assembly and Prom at the Village Hotel	23rd June (TBC)
GCSE Results Day	24th August

GCSE Grading changed in 2017

GCSEs are now graded on a new scale of 9 to 1, with 9 the highest grade, rather than A* to G. The introduction of the 9-1 system increases the number of higher grades than the previous A*- G system. By using 9-1, there are now six different grades from 4 to 9 rather than four in the old system (A*, A, B, C), which means individual students can be more accurately recognised in terms of their outcomes. The revised scale will also enable employers and others to easily identify which students have taken the new, more challenging GCSEs.

There is now a ‘standard’ pass and a ‘strong pass’ and the government will publish schools’ results not just at the ‘standard pass’ (grade 4 and above), but also at the ‘strong pass’ (at grade 5 and above) in school performance tables only. The number of pupils achieving a ‘strong pass’ will be one of the measures by which schools are judged.



Top 10 tips for parents:

1. **Attendance:** Make sure they come to school.
2. **Environment:** Provide a quiet place at home where they can revise uninterrupted. Remove any distractions eg phones, ipads so that they can concentrate.
3. **Show an interest:** Help them with homework and revision, test them and ask them how each day has gone and if there is any help they need.
4. **Plan:** Help them make a revision timetable and fasten it up where it can be seen and monitor if they stick to it.
5. **Agree the rules:** Negotiate how they are going to structure their time balancing fun and work. If you know they love Snapchat or FIFA, then agree when they can use it and when they need to work.
6. **Diplomacy:** Act as a go-between. Ask school the questions that they can't or won't.
7. **The basics:** Make sure they eat, sleep and take enough exercise. Nerves can stop people eating and sleeping, especially the night before the exam.
8. **Be the banker:** They may find a book or revision guide would help. Keep a work box stocked with pens, pencils, rulers, highlighters, flashcards and post it notes.
9. **Alarm clock:** Make sure they get to school on time and to their mock and actual exams on time! Check their exam/revision timetable and check they are OK.
10. **Celebrate and reward success:** Get their favourite snacks if they are working well. Incentives work well.

Managing stress: Advice for students

Each school year brings new pressures but there's lots you can do to stop the pressure getting too much and make your brain and body work well. Stress is not a bad thing - in fact, it's a natural chemical reaction designed to make us perform well under pressure. Problems occur when stress goes on too long or when it becomes panic.

1. Sleep easy

Getting enough sleep can be tricky, especially near exams, but there are loads of things you can do to get better sleep and every little bit helps. The main trick is to use the hour before bed to wind down – no work, no arguments, nothing to raise heart-rate or stress. And no phones/internet/screens! Most screens, including phones, use light that makes the brain think it's daytime. But don't lie awake panicking about not sleeping – make yourself think of nice things, such as a holiday or how you'd spend a million pounds.

2. Eat well for brain and body.

Brains need food, so don't go hungry. Trouble is, when we're stressed, it can be hard to eat regular meals and we might crave sugary food, which wrecks mood and concentration. Porridge, eggs or beans make a perfect breakfast and yogurt after a meal is great, too. Choose snacks to fuel your brain through the day: nuts, fruit, oatcakes and hummus or cheese, home-made flapjacks, for example.

3. Switch off your phone and internet for a while every day.

Social media can be great for feeling part of a group, but being connected all the time stops you being able to relax and think. We spend so much time bombarded by questions, instructions, messages, whether face to face or online. You'll notice an immediate sense of peace when you switch off. Also, never respond to a message while angry or upset. This is really hard, but very important and will save you loads of heartache.

4. Keep reading for pleasure

People who read books for pleasure report that it relaxes them and allows them to switch off their worries. We also know that there's a strong link between reading every day for pleasure and higher grades in exams and it's one of the best ways of winding down before sleep. So, if you love reading, keep reading. If you don't, ask the school librarian for ideas. There are books out

there for everyone. Remember – it's reading for pleasure, so you don't have to read anything you don't like.

5. Have a hobby.

Think you're too busy with exams? Well, your brain will function better if you have breaks from work. And hobbies or extra-curricular clubs take your mind off worries, allowing stress chemicals to reduce. Some hobbies are good for making friends; others are great for thinking time; and they help self-esteem because you'll choose something you'll be good at and enjoy. Any kind of sport works well but making or collecting things or anything that allows you to use your brain differently from doing schoolwork will be just as useful.

6. Keep friendships in perspective

Many young people find that friendship and peer group issues are the worst stresses. There's so much anxiety and emotion around that it's not surprising if even good friends sometimes say the wrong thing or don't notice the effect of their words. Friendships do change, because you're all changing. Break-ups and arguments can hurt horribly. Focus on people who make you feel good and ignore those who upset you; be a good friend but if your friends are not always there for you, remember that it's most likely to be a problem they have, and not your fault. Every stage of life will bring new friendships and nothing is forever. What hurts today will heal soon.

7. Have a laugh

Laughter makes the brain produce chemicals called endorphins, which are the body's natural feel-good medicines. Find funny clips on the internet or your favourite DVD and give yourself a dose of laughter whenever you need it. Mood is affected by what we see and think about; so, if you're feeling low, avoid sad films and pick feel-good ones.

8. Ask for help early.

Whether it's schoolwork or emotional problems, there are adults who want to help! With schoolwork, tell a teacher in advance that you need help and then fix a time when they can give it to you. On the other hand, remember that most things are hard at first, so don't stress when you don't understand new things immediately. With emotional worries, choose a trusted adult to talk to before it gets worse. And if the first person can't help, ask another.

October Mock Exam Information

The mock exams will take place within the sports hall or within computer rooms for those students with access arrangements. Students will receive a mock exam timetable prior to the exams with their seat for each exam.

Subject	Topics
English Language	4 reading questions on a fictional text and a written task of a description or story
English Literature	Romeo and Juliet
Maths	Calculator paper
Biology	Paper 1: <ul style="list-style-type: none">• Cell biology• Organisation• Infection and response• Bioenergetics
Chemistry	Paper 1: <ul style="list-style-type: none">• Atomic structure and the periodic table• Bonding, structure, and the properties of matter• Quantitative chemistry• Chemical changes• Energy changes
Physics	Paper 1: <ul style="list-style-type: none">• Energy• Electricity• Particle model of matter• Atomic structure
Geography	Physical and Human Geography
History	<ul style="list-style-type: none">• Medicine through Time• Conflict in Asia
RS	The Mocks will include the below Paper 1 topics and Paper 2 topics : <ul style="list-style-type: none">• Paper 1 - Christian Beliefs; Buddhist Beliefs; Buddhist Practice• Paper 2 -Religion & Life; Social Justice; Crime
French/ Spanish	Listening

	<p>Reading Writing *Will include all 3 themes from the course</p>
Drama	<p>Component 1 Written Exam</p> <ul style="list-style-type: none"> • Section A multiple choice • Section B Blood Brothers
Music	<ol style="list-style-type: none"> 1. Unseen Listening 2. Paul Simon: 3 Graceland Songs 3. Mozart's Clarinet Concerto
Engineering	<p>Section 2 and Section 3.</p> <ul style="list-style-type: none"> • Section 2 – Identify Issues, Redesign Solution. • Section 3 – Analyse engineering brief, drawing and data - QC
PE	<p>Paper 1:</p> <ul style="list-style-type: none"> • Anatomy and Physiology • Physical training <p>Paper 2:</p> <ul style="list-style-type: none"> • Sports Psychology • Health, fitness and well-being

ENGLISH INFORMATION

English Language Paper 1:

1 hr 45 mins – 4 reading questions on a fictional text and a written task of a description or story

English Language Paper 2:

1hr 45 minutes – 4 reading questions on 2 non fiction texts and a non fiction written task where you give a viewpoint

Literature Paper 1:

1hr 45 minutes- *Romeo and Juliet* and *A Christmas Carol*

Literature Paper 2:

2 hr 15 minutes- *An Inspector Calls*, Power and Conflict poetry and unseen poetry

This is the CURRENT outline of the Literature exams. We are awaiting the results of the consultation on content reduction.

Pupils have already:

- Studied both Language Paper 1 and Language Paper 2 and sat a mock exam on both in Year 10.
- Studied a selection of unseen poetry.
- Studied *Romeo and Juliet* and *A Christmas Carol* and sat mocks on both
- Started to study the Power and Conflict poems through independent homework booklets issued over year 10.

English: Expectations

- That pupils work hard to achieve (or exceed) their target grade, completing all homework and classwork on time.
- That they take responsibility for their progress and learning – engaging with texts, skills and tasks as well as acting on targets, challenge tasks and

feedback given both by teacher assessment and purple pen peer assessment.

- That pupils prepare fully for mock exams.
- That pupils speak to their teacher if they have any concerns about their progress or understanding in order to reach a solution together.
- That pupils take advantage of opportunities outside of time tabled lessons to improve their skills and understanding.

Support

Throughout Year 11, there will be opportunities for pupils to benefit from additional support.

- ❖ Revision sessions for an hour every Thursday after school on the E corridor. All the revision materials are in a pre-released booklet which also has extra materials to help revise for the October Literature mock.
- ❖ Google classroom – where resources, work in case of periods of isolation, homework reminders and tips are shared.
- ❖ English booklet for the English form groups which is available for students in maths and science forms to work through too.
- ❖ Homework revision booklets.
- ❖ Critical reader booklet for those students who are keen to complete extra reading around the GCSE Literature texts.

What can pupils be doing at home?

- Homework and challenge tasks.
- Revision and extra writing tasks for mock and real exams.
- Re reading the texts (A Christmas Carol; Romeo and Juliet; Power and Conflict Poetry).
- Reading about the texts- use the revision guides bought last year.
- Making use of the Google Classroom and engaging actively with the resources and recommended reading on there.
- Reading a range of non-fiction (articles, newspapers etc). Even just an article a day from a quality news website downloaded to their phone will make a difference.

- Using recommended internet sites to help revise: Mr Bruff, GCSE Pod, Seneca, Massolit.
- Practise writing short stories, articles, letters, speeches and descriptions
- Learning spellings / new vocabulary

MATHS INFORMATION

OCR GCSE J560

- ❖ Graded 9-1, where 9 is the highest grade
- ❖ 5 is considered a 'strong pass', which can be achieved at Higher or Foundation tier
- ❖ Students will sit three papers; two calculator and one non-calculator
- ❖ Each paper is out of 100 marks and is an hour and a half long
- ❖ The mock exam in October is crucial - it is the students' first opportunity to sit papers in strict exam conditions and the results will help to determine tier of entry
- ❖ The maths curriculum is split into three strands: Fluency, Reasoning and Problem Solving
- ❖ The maths GCSE has a large focus on the more challenging Reasoning and Problem Solving strands

Support

There are many opportunities for pupils to get support with maths:

- A drop-in lunchtime 'Maths Surgery' every Tuesday Week 1. Pupils can work either with a teacher or on the computer
- Maths drop-in every Tuesday from 3 - 3.45pm. Pupils can attend for help with any topics that they are finding challenging
- Timetabled sessions with our specialist Intervention Teaching Assistant offering focussed, personalised support
- Students will be invited to after-school intervention sessions on a Tuesday with a specialist teacher
- ICT Support. All students have logins to Hegarty Maths. The website includes over 600 topic tasks with a help video for each task

Maths: Expectations

We have very high expectations of our pupils and expect that they:

- Attend all intervention sessions or revision classes as required
- Put in 100% effort in all lessons and intervention sessions
- Ask for help and support as soon as they need it
- Work hard independently and prepare fully for all Mock examinations
- Be fully equipped for all lessons including a scientific calculator (available for purchase from resources)

SUBJECT	EXAM BOARD AND CODE	MATERIALS, WEBSITES AND REVISION GUIDES
ART & DESIGN	AQA 4202	<ul style="list-style-type: none"> • www.aqa.org.uk • www.art2day.co.uk – good for artist and photographer references • Google Classroom has all of the help sheets designed by your teachers, e.g. for help with research and annotation
ART: PHOTOGRAPHY	AQA 4206	<ul style="list-style-type: none"> • www.aqa.org.uk • www.art2day.co.uk – good for artist and photographer references • Google Classroom has all of the help sheets designed by your teachers, e.g. for help with research and annotation
ENTERPRISE: (BUSINESS STUDIES)	BTEC TECH AWARD	<ul style="list-style-type: none"> • BTEC Tech Award Specification and Course Materials - https://qualifications.pearson.com/en/qualifications/btec-tech-awards/enterprise.html • Revision Guide - https://www.pearsonschoolsandfcolleges.co.uk/secondary/subjects/business-and-economics/btec-tech-award-enterprise-1/revise-btec-tech-award-enterprise-revision-guide-1#products • Component 3 - Knowledge Workbook - https://www.tutor2u.net/business/store/component-3-promotion-and-finance-for-enterprise-knowledge-book-btec-tech-award-in-enterprise • Component 3 - Calculation Workbook - https://www.tutor2u.net/business/store/component-3-promotion-and-finance-for-enterprise-calculation-practice-book-btec-tech-award-in-enterprise • Revision Resources - Business Finance (Component 3) https://www.bbc.co.uk/bitesize/topics/zktnvcw
COMPUTING	OCR J276	<p>All the links below are available on student classroom sites. If Parents would like to be added to the student classroom they can email hoodj03@horsforthschool.org or emmettr03@horsforthschool.org</p> <ul style="list-style-type: none"> • www.ocr.org.uk • Horsforth School Google Sites(Computing and ICT) • https://www.cambridgegcsecomputing.org/ • https://student.craigndave.org/gcse-videos <p>Important Dates: Students will doing a Practical Programming Project in lessons between September and February and will be preparing for Mock Examinations which will be in paper 1 and paper 2.</p>

		There may be the need for an invitation to catch up on a Tuesday or Thursday evening for our Non-Examined Assessment.
DRAMA	AQA	<ul style="list-style-type: none"> • Use the Google Classroom for advice and exemplar material • There is research and context PP available for Blood Brothers on the classroom • Lots of practise questions are available- see your teacher • You Tube has lots of reminders of key scenes from Live Theatre and Blood Brothers • Independent research will enhance devising work as will visiting the theatre • Previous examples of scripted work are available on DVD from class teacher • Be prepared to rehearse after school for practical exam in March • Blood Brothers AQA revision books available to buy
D&T FOOD	AQA GCSE Food Preparation and Nutrition 8585	<ul style="list-style-type: none"> • http://www.aqa.org.uk/subjects/food/gcse/food-preparation-and-nutrition-8585 • Online illuminate textbook - all students have a login. http://www.illuminate.digital/aqafood/ • Illuminate revision guide. • http://www.foodaactoflife.org.uk/ an informative website from the Food Standards Agency. The 11-16 years sections links to the GCSE specification. BBC Bitesize has some good class clips • http://www.bbc.co.uk/education/topics/zgkxpv4/resources/ • GCSEPOD has been updated to reflect the new Food Preparation and Nutrition specification
DESIGN AND TECHNOLOGY	D&T-AQA 8552	<ul style="list-style-type: none"> • http://www.technologystudent.com/ • Past Papers : • http://web.aqa.org.uk/qual/newgcse/dandt/new/resistant_materials.php?id=07&prev=07 • www.bbc.co.uk/schools/gcsebitesize/design/ • Lonsdale revision guide
ENGINEERING	BTEC TECH Award L1/L2	<ul style="list-style-type: none"> • http://www.technologystudent.com/ • Google Classroom Resources: https://classroom.google.com/u/0/c/NDMyODM4NDU5OTBa
ENGLISH	English Language AQA English Literature AQA	<ul style="list-style-type: none"> • Specification, specimen exam papers and mark schemes available at the AQA website • http://www.aqa.org.uk/subjects/english/gcse/english-language-8700 for English Language.

		<ul style="list-style-type: none"> • http://www.aqa.org.uk/subjects/english/gcse/english-language-8700 for English Literature. • CGP guides for both GCSEs are recommended and Yorks Notes for the English Literature texts: • Romeo and Juliet • An Inspector Calls • A Christmas Carol • Anthology Poetry- Conflict • http://www.bbc.co.uk/schools/gcsebitesize/english/
FRENCH	French AQA 8658	<ul style="list-style-type: none"> • www.languageskills.co.uk • www.linguascope.com • www.Kerboodle.com • www.linguascope.com • GCSE bitesize
GEOGRAPHY	Geography AQA 8035	<p>Students have access to the text book online via Kerboodle. There are also resources available via Google Classroom and Google Docs.</p> <p>www.Senecalearning.com has some great resources</p> <p>The web sites listed below are for the old GCSE but have some relevant information that could help with the new specification.</p> <ul style="list-style-type: none"> • www.geographyalltheway.com • www.juicygeography.co.uk/ • GCSE bitesize • www.geography-site.co.uk/pages/revision • www.s-cool.co.uk • www.aqa.org.uk • www.coolgeography.co.uk/
HEALTH AND SOCIAL CARE	BTEC TEC AWARD	All resources are on the Googleclassroom for coursework and Component 3 which is the exam element of the course.
HISTORY	History AQA	<p>Topics covered:</p> <ul style="list-style-type: none"> • Conflict and tension in Asia • Was Elizabethan England really a 'Golden Age' • Health and people C1000 to the present day • Germany 1890-1945 Democracy and Dictatorship <p>http://www.aqa.org.uk/subjects/history/gcse/history-8145</p>
ICT	BTEC	<p>All work on Google Classroom</p> <p>There may be the need for an invitation to catch up on a Monday evening to help pupils with their coursework.</p>
MEDIA	Edexcel Pearson 603/1238/5	<p>BTEC Level 1/2 Technical Award in Creative Media Production</p> <ul style="list-style-type: none"> • https://qualifications.pearson.com/en/qualifications/btec-tech-awards/creative-media-production.html

MUSIC	Music AQA 4270	<p>Unseen Listening (revise all elements of music especially vocab from the GCSE Music Glossary) www.musicalintervalstutor.info/listenpg.html www.teoria.com https://www.musictheory.net https://www.bbc.co.uk/bitesize/subjects/zpf3cdm</p> <p>Paul Simon: Graceland, Diamonds on the Souls of her Shoes, You Can Call Me Al https://filestore.aqa.org.uk/resources/music/AQA-8271-TEACHER-GUIDE_AOS3.PDF</p> <p>Mozart: Clarinet Concerto https://filestore.aqa.org.uk/resources/music/AQA-8271-TEACHER-GUIDE_AOS1.PDF</p>
MATHS	OCR J560	<ul style="list-style-type: none"> • Mock/ specimen/past papers (see your maths teacher) • CGP Revision Guides and Workbooks for the right board are recommended and can be ordered through school in September (information to follow in lesson) • Mock exam revision booklet (see your maths teacher in December) • Easter Holidays Revision Booklet (see your maths teacher in March) • www.hegartymaths.co.uk (all students have a log in) • www.studymaths.co.uk • www.getrevising.co.uk (this is a site for all subjects that is free for students and teachers and has revision notes on it as well as tools for making them) • www.corbettmaths.com (5 a day quick practice, practice questions sorted by topic)
PE	AQA 8582	<ul style="list-style-type: none"> • Folder 1 (paper 1) and folder 2 (paper 2) • GCSE PE revision guide • Revision resources including past paper question documents on the Google Classroom • GCSE bitesize – select GCSE PE and AQA specification
RS	AQA Spec A 8062	<p>www.aqa.org.uk - for Past Papers and Mark schemes. If you still need to purchase a revision guide, we recommend the official AQA GCSE Religious Studies A: Christianity and Buddhism Revision Guide – the best price to purchase this is on Amazon. ALL STUDENTS WILL BE GIVEN FURTHER BESPOKE REVISION MATERIAL MADE BY THE RS DEPARTMENT– THIS COVERS ALL THE KEY CONTENT AND RELIGIOUS BELIEFS FOR BOTH EXAMS AND INCLUDES PAST PAPER QUESTIONS FOR STUDENTS TO COMPLETE / PRACTICE.</p>
SPANISH	Spanish AQA 8690	<ul style="list-style-type: none"> • www.languageskills.co.uk • www.linguascope.com • www.Kerboodle.com • www.linguascope.com

		<ul style="list-style-type: none"> • GCSE bitesize
SCIENCE BIOLOGY	Biology AQA 8461	<ul style="list-style-type: none"> • GCSE bitesize • Senecalarning.com • http://www.what2learn.com/examgames/science/ • https://www.kerboodle.com/users/login • https://www.youtube.com/user/ChrisThorntonUK • revisely.com • GCSEpod • https://www.youtube.com/channel/UCqbOeHaAUXw9I17sBVG3_bw (free science lessons guy)
SCIENCE: CHEMISTRY	Chemistry AQA 8462	<ul style="list-style-type: none"> • GCSE bitesize • Fuse School Chemistry on youtube • Senecalarning.com • http://www.what2learn.com/examgames/science/ • https://www.kerboodle.com/users/login • https://www.youtube.com/user/ChrisThorntonUK • https://www.youtube.com/playlist?list=PLA9ID37E4I6C975B2 • GCSEpod • https://www.youtube.com/channel/UCqbOeHaAUXw9I17sBVG3_bw (free science lessons guy)
SCIENCE: PHYSICS	Physics AQA 8463	<ul style="list-style-type: none"> • https://sites.google.com/horsforthschool.org/horsforthgcsep/physics/home (must access with school email address) • https://www.senecalarning.com/ • https://www.youtube.com/channel/UCBgvmal8AR4QIK2e0E fjwaA (Primrose Kitten) • https://www.youtube.com/channel/UCqbOeHaAUXw9I17sBVG3_bw (Mr Free Science Lessons) • https://www.kerboodle.com/users/login • https://www.bbc.co.uk/bitesize/examspecs/zsc9rdm (BBC Bitesize Physics)
GCSE COMBINED SCIENCE: SYNERGY	GCSE Combined Science Trilogy (AQA 8464)	<p>https://www.cognitoedu.org/ (banks of past papers and questions with accompanying videos)</p> <p>https://www.kayscience.com/ (free app)</p> <p>http://www.what2learn.com/examgames/science/</p> <p>https://www.kerboodle.com/users/login</p> <p>(or any of the websites for triple science)</p>

Contacting the school

General questions (school timings, trips, uniform etc.) are best sent to student or main reception

- If you want to phone in: 0113 226 5454
- Email: info@horforthschool.org

The first point of contact for a concern is usually your son or daughter's tutor (for general concerns):

- Notes in the planner will be seen by tutors
- If you want to phone in: 0113 226 5454 and ask to speak to your tutor (most likely they will have to return your call)
- Email: info@horforthschool.org and put in the subject FAO: [name of tutor]

If your concern is regarding general progress or pastoral then please contact your pastoral leader, Mr Bennett:

- If you want to phone in: 0113 226 5454 and ask to speak to Mr Bennett
- Email: bennetl04@horsforthschool.org

If you have a specific, significant concern in a subject please:

- email info@horforthschool.org and put in the subject FAO: Head of Maths/English etc.
- Call 0113 226 5454 and ask to speak to the Head of maths/teacher/etc. and they will call back if not available.

Serious concerns would obviously be dealt with by the Leadership Team.

Online reporting

Would you like to access progress, attendance and behaviour about your Son or Daughter 24 hours a day?

SIMS Parental App is an on-line system that allows parents and carers immediate access to information about student attendance, behaviour and progress. Attendance and behaviour information is updated daily and student progress is provided termly with annual school reports also available to view and download. Information is provided on a secure website.

If you would like to register for a logon please email parentlogons@horsforthschool.org

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