



# Horsforth School Year 7 and 8 PE homework policy

Each term, students in Year 7 and Year 8 will complete a Google form questionnaire that will enable them to observe and critically analyse their technique of a particular skill within an activity that they have covered. Students will be guided on what they are expected to learn and what quality work looks like, as well as understand and identify any gaps within their performance.

In order to do this, students will be able to watch a video that has been recorded of themselves perform that has been uploaded to their google classroom and will be accessible from home or school.

Students will also be provided with a YouTube link that will allow them to observe an example of outstanding technique in order to learn to improve and extend their knowledge so they know how they may best get to that point.

Term	Physical activity	Skill performed	NC level
<b>1: September – October</b>			
<b>2: October – December</b>			
<b>3: January – April</b>			
<b>4: April – July</b>			

